

SUBSTANCE USE DISORDER COUNSELING

Overview

Substance Use Disorder Counseling

Program Code: 10-550-1

For more information: wctc.edu/sud-counseling

Prepare to work with people struggling with substance use disorders by developing skills in counseling, addiction assessment, case management/treatment planning, group facilitation, trauma-informed care and crisis management. Become eligible for Wisconsin licensure as a Substance Abuse Counselor in Training (SAC-IT) and complete all educational hours required for Substance Abuse Counselor (SAC) certification.

The minimum required course grades and program grade point average (GPA) for students under this catalog are:

Core Courses = C
 General Studies Courses = C-
 Program GPA = 2.0

Learning Outcomes

Program Outcomes

1. Evaluate client for SUD treatment.
2. Develop individualized treatment plans.
3. Facilitate client referrals.
4. Counsel Clients.
5. Provide education relevant to substance use and recovery.
6. Produce professional SUDC documentation.
7. Manage Client Case(s).
8. Display professional conduct in the clinical setting.
9. Develop professional relationships with client(s).
10. Apply personal wellness strategies for the helping professions.

Critical Life Skills

To help our students prepare for success in a workplace and society that is increasingly global, multi-cultural, and collaborative, all students are given opportunities to develop and demonstrate Critical Life Skills, both in and out of the classroom. The following Critical Life Skills are learning outcomes for WCTC students.

- **Communication:** Demonstrate appropriate communication.
- **Critical Thinking/Problem Solving:** Demonstrate critical thinking skills to analyze situations and solve problems.
- **Relationships:** Demonstrate effective interpersonal skills.
- **Self-management:** Demonstrate responsible and respectful behavior.

Required Courses

Listed below are the required courses for the program. To view the recommended sequence for taking courses click on the plan of study tab(s) above. Work with your Academic Advisor to design a program plan!

View your **Program Matrix** to find out when each course will be offered (term and time of day).

| Code | Title | Credits |
|---|---------------------------------|-----------|
| Technical Courses | | |
| 520-104 | Behavior Management | 3 |
| 520-105 | Multicultural Competence in HS | 3 |
| 550-200 | Intro to the SUDC Profession | 3 |
| 550-201 | Understanding Substance Use | 3 |
| 550-202 | Foundations of Case Management | 3 |
| 550-203 | Overview of Mental Health | 3 |
| 550-204 | Group Facilitation | 3 |
| Approved Substitute: 550-101 | | |
| 550-205 | Counseling Theory | 3 |
| Approved Substitute: 550-130 | | |
| 550-206 | Intro to Inter & Counseling | 3 |
| 550-207 | Psychopharmacology | 3 |
| Approved Substitute: 550-105 | | |
| 550-208 | SUDC Assess., Diag. & Treatment | 3 |
| 550-209 | Family Systems | 3 |
| 550-210 | Bound/Ethics for Helping Prof. | 3 |
| 550-211 | Clinical Experience I | 3 |
| 550-212 | Clinical Experience II | 3 |
| General Studies | | |
| 801-136 | English Composition 1 | 3 |
| Approved Substitute: 801-223 | | |
| 801-196 | Oral/Interpersonal Comm | 3 |
| Approved Substitute: 801-198 | | |
| 804-123 | Math w Business Apps | 3 |
| Approved Substitutes: 804-107 OR 804-115 OR 804-116 OR 804-118 OR 804-195 OR 804-198 OR 804-211 | | |
| 809-196 | Intro to Sociology | 3 |
| 809-198 | Intro to Psychology | 3 |
| Total Credits | | 60 |

Full-time, Fall Start

| Course | Title | Credits |
|----------------------|-------------------------------------|----------------|
| First Year | | |
| Fall Term 1 | | |
| 520-105 | Multicultural Competence in HS | 3 |
| 550-200 | Introduction to the SUDC Profession | 3 |
| 804-123 | Math w Business Apps | 3 |
| | | Credits |
| | | 9 |
| Fall Term 2 | | |
| 520-104 | Behavior Management | 3 |
| 550-201 | Understanding Substance Use | 3 |
| 801-136 | English Composition 1 | 3 |
| | | Credits |
| | | 9 |
| Spring Term 1 | | |
| 550-202 | Foundations of Case Management | 3 |
| 550-203 | Overview of Mental Health Disorders | 3 |
| 801-196 | Oral/Interpersonal Comm | 3 |
| | | Credits |
| | | 9 |

Spring Term 2

| | | |
|----------------|---|----------|
| 550-206 | Intro to Interviewing & Counseling Skills | 3 |
| 550-208 | SUDC Assessment, Diagnosis and Treatment | 3 |
| Credits | | 6 |

Second Year**Summer Term**

| | | |
|----------------|---|----------|
| 550-210 | Boundaries & Ethics - Helping Professions | 3 |
| Credits | | 3 |

Fall Term 1

| | | |
|----------------|---|----------|
| 550-211 | Clinical Experience I <small>This course runs 16 weeks.</small> | 3 |
| 550-204 | Group Facilitation | 3 |
| 550-205 | Counseling Theory | 3 |
| Credits | | 9 |

Fall Term 2

| | | |
|----------------|--------------------|----------|
| 550-209 | Family Systems | 3 |
| 809-196 | Intro to Sociology | 3 |
| Credits | | 6 |

Spring Term 1

| | | |
|----------------|------------------------|----------|
| 550-212 | Clinical Experience II | 3 |
| 809-198 | Intro to Psychology | 3 |
| Credits | | 6 |

Spring Term 2

| | | |
|----------------------|--------------------|-----------|
| 550-207 | Psychopharmacology | 3 |
| Credits | | 3 |
| Total Credits | | 60 |