

# SUBSTANCE USE DISORDER COUNSELING

## Overview

### Substance Use Disorder Counseling

Program Code: 10-550-1

For more information: [wctc.edu/sud-counseling](http://wctc.edu/sud-counseling)

Prepare to work with people struggling with substance use disorders by developing skills in counseling, addiction assessment, case management/treatment planning, group facilitation, trauma-informed care and crisis management. Become eligible for Wisconsin licensure as a Substance Abuse Counselor in Training (SAC-IT) and complete all educational hours required for Substance Abuse Counselor (SAC) certification.

The minimum required course grades and program grade point average (GPA) for students under this catalog are:

Core Courses = C  
General Studies Courses = C-  
Program GPA = 2.0

## Learning Outcomes Program Outcomes

1. Evaluate client for SUD treatment.
2. Develop individualized treatment plans.
3. Facilitate client referrals.
4. Counsel Clients.
5. Provide education relevant to substance use and recovery.
6. Produce professional SUDC documentation.
7. Manage Client Case(s).
8. Display professional conduct in the clinical setting.
9. Develop professional relationships with client(s).
10. Apply personal wellness strategies for the helping professions.

## Critical Life Skills

To help our students prepare for success in a workplace and society that is **increasingly global, multi-cultural, and collaborative**, all students are given opportunities to develop and demonstrate Critical Life Skills, both in and out of the classroom. The following Critical Life Skills are learning outcomes for WCTC students.

- **Communication:** Demonstrate appropriate communication.
- **Critical Thinking/Problem Solving:** Demonstrate critical thinking skills to analyze situations and solve problems.
- **Relationships:** Demonstrate effective interpersonal skills.
- **Self-management:** Demonstrate responsible and respectful behavior.

## Required Courses

Listed below are the required courses for the program. To view the recommended sequence for taking courses click on the plan of study tab(s) above. Work with your Academic Advisor to design a program plan!

View your **Program Matrix** to find out when each course will be offered (term and time of day).

Code	Title	Credits
<b>Technical Courses</b>		
520-104	Behavior Management	3
520-105	Multicultural Competence in HS	3
550-200	Intro to the SUDC Profession	3
550-201	Understanding Substance Use	3
550-202	Foundations of Case Management	3
550-203	Overview of Mental Health	3
550-204	Group Facilitation	3
Approved Substitute: 550-101		
550-205	Counseling Theory	3
Approved Substitute: 550-130		
550-206	Intro to Inter & Counseling	3
550-207	Psychopharmacology	3
Approved Substitute: 550-105		
550-208	SUDC Assess., Diag. & Treatment	3
550-209	Family Systems	3
550-210	Bound/Ethics for Helping Prof.	3
550-211	Clinical Experience I	3
550-212	Clinical Experience II	3
<b>General Studies</b>		
801-136	English Composition 1	3
Approved Substitute: 801-223		
801-196	Oral/Interpersonal Comm	3
Approved Substitute: 801-198		
804-123	Math w Business Apps	3
Approved Substitutes: 804-107 OR 804-115 OR 804-116 OR 804-118 OR 804-195 OR 804-198 OR 804-211		
809-196	Intro to Sociology	3
809-198	Intro to Psychology	3
<b>Total Credits</b>		<b>60</b>

## Full-time, Fall Start

Course	Title	Credits
<b>First Year</b>		
<b>Fall Term 1</b>		
520-105	Multicultural Competence in HS	3
550-200	Introduction to the SUDC Profession	3
804-123	Math w Business Apps	3
<b>Credits</b>		<b>9</b>
<b>Fall Term 2</b>		
520-104	Behavior Management	3
550-201	Understanding Substance Use	3
801-136	English Composition 1	3
<b>Credits</b>		<b>9</b>
<b>Spring Term 1</b>		
550-202	Foundations of Case Management	3
550-203	Overview of Mental Health Disorders	3
801-196	Oral/Interpersonal Comm	3
<b>Credits</b>		<b>9</b>

**Spring Term 2**

550-206	Intro to Interviewing & Counseling Skills	3
550-208	SUDC Assessment, Diagnosis and Treatment	3
<b>Credits</b>		<b>6</b>

**Second Year****Summer Term**

550-210	Boundaries & Ethics - Helping Professions	3
<b>Credits</b>		<b>3</b>

**Fall Term 1**

550-211	Clinical Experience I <small>This course runs 16 weeks.</small>	3
550-204	Group Facilitation	3
550-205	Counseling Theory	3
<b>Credits</b>		<b>9</b>

**Fall Term 2**

550-209	Family Systems	3
809-196	Intro to Sociology	3
<b>Credits</b>		<b>6</b>

**Spring Term 1**

550-212	Clinical Experience II	3
809-198	Intro to Psychology	3
<b>Credits</b>		<b>6</b>

**Spring Term 2**

550-207	Psychopharmacology	3
<b>Credits</b>		<b>3</b>
<b>Total Credits</b>		<b>60</b>