

# ALCOHOL & OTHER DRUG ABUSE SVC (550)

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## 550-101. AODA Group Process & Practice. (3 Credits)

Prepare for a role as a group leader, including understanding the process of group dynamics and implementing strategies to facilitate effective client change. Learn steps for forming groups, establishing goals and clarifying rules in order to effectively facilitate the group process.

Prerequisites: 520-102 (may be taken concurrently) with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=101>)

## 550-105. Psychopharma. (3 Credits)

Take an in-depth look at the physiological effects of drugs and alcohol, focusing on genetic predisposition factors, and physiological and biological effects and etiology.

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=105>)

## 550-120. Assess/Diag of Substance Abuse. (3 Credits)

Learn the skills needed to prepare a focused, well-organized interview. Collect information needed to develop and formulate a psychosocial and treatment plan. Develop differential diagnoses and the basic use of the DSM IV.

Prerequisites: 520-100 (may be taken concurrently) with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=120>)

## 550-130. Counseling Methods. (3 Credits)

Examine basic counseling theories, including motivational interviewing, crisis intervention, and reality therapy (contract development).

Prerequisites: 520-102 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=130>)

## 550-200. Introduction to the SUDC Profession. (3 Credits)

Explore characteristics that are incorporated into substance use counseling and practice. Determine personal values, beliefs, strengths and weaknesses. Analyze the eight practice dimensions used to effectively treat substance use disorders: Clinical Evaluation; Treatment Planning; Referral; Service Coordination; Counseling; Patient, Family and Community Education; Documentation; and Professional and Ethical Responsibilities. Evaluate legal and ethical issues surrounding substance use counseling. Evaluate Information about Wisconsin licensing for substance use counseling.

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=200>)

## 550-201. Understanding Substance Use. (3 Credits)

Explore the bio-psych social dynamics of substance use. Examine treatment approaches, models, and screening criteria. Examine substances of abuse, history of SUDs, and their impact on the individual and society.

Prerequisites: 550-200 (may be taken concurrently) with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=201>)

## 550-202. Foundations of Case Management. (3 Credits)

Introduction to case management techniques and processes. Incorporates intake assessment techniques, service planning techniques, referral processes, coordination of care, and discharge processes determined by a multidisciplinary team approach. Includes client self-determination and autonomy. Incorporates clinical documentation requirements and processes.

Prerequisites: 801-136 with a minimum grade of C- and 550-200 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=202>)

## 550-203. Overview of Mental Health Disorders. (3 Credits)

Provides an overview to the history, diagnosis, treatment strategies, legal and ethical considerations, and documentation of mental health conditions. Focus is on understanding the mental health conditions that co-occur with substance use disorders.

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=203>)

## 550-204. Group Facilitation. (3 Credits)

An introduction to theory and practice of group dynamics and processes. Includes ethical considerations, effective group leadership, and stages of group development. Also includes demonstration of group facilitation skills, clinical documentation, co-facilitation strategies, reflective practitioner techniques, and group formation.

Prerequisites: 550-206 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=204>)

## 550-205. Counseling Theory. (3 Credits)

Summarize the history of, and explore the primary concepts within, the major approaches to counseling. Explore the empirical foundations of each theory. Examine application of theories to counseling. Review specific techniques of each theoretical approach. Examine the role of the counselor within each theoretical approach. Explore the role of the counselor, the scope of practice, and the ethical implications in counseling.

Prerequisites: 550-206 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=205>)

## 550-206. Intro to Interviewing & Counseling Skills. (3 Credits)

Analyze foundational skills in the counseling relationship. Analyze the stages of the helping processes and the roles professionals play in the processes. Analyze the importance of establishing therapeutic relationships. Apply basic counseling techniques. Apply interviewing and counseling skills through mock counseling sessions and personal experience reflections. Examine issues of boundaries and ethics.

Prerequisites: 801-196 (may be taken concurrently) with a minimum grade of C- and 550-200 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=206>)

## 550-207. Psychopharmacology. (3 Credits)

Overview of psychopharmacology including drug categorization history, drug categorization, and drug classification. Includes analysis of neurophysiology of the brain and endocrine system, effects of substances on the body, analysis of delivery systems, and analysis of medical aspects of SUDs. Also includes etiology of addiction, psychopharmacological aspects of withdrawal management, analysis of medications used to treat SUDs and mental health disorders, and SUD medical impacts on the body.

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=207>)

**550-208. SUDC Assessment, Diagnosis and Treatment. (3 Credits)**

Explore the core components of substance use disorder treatment. Apply the core practice dimensions of Substance Use Disorder Counseling.

Evaluate process for SUD clients for the purpose of developing treatment plans and documenting the treatment process.

Prerequisites: 550-201 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=208>)

**550-209. Family Systems. (3 Credits)**

Provides a broad understanding of family systems theory and practice relevant to the human services field. Focus is on evaluating the communication and interaction patterns and applying interventions and strategies.

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=209>)

**550-210. Boundaries & Ethics - Helping Professions. (3 Credits)**

Evaluate the ethical codes of the helping professions. Examine professional boundaries related to the helping professions. Incorporate ethical standards into decision making processes. Examine ethical considerations related to professional standards for the helping professions. Examine ethical considerations related to state and federal regulations for the helping professions. Examine the ethical considerations related to professional self-care.

Prerequisites: 550-200 with a minimum grade of C and 520-105 with a minimum grade of C and 550-202 with a minimum grade of C and 550-206 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=210>)

**550-211. Clinical Experience I. (3 Credits)**

Immersive experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in the two previous semesters of coursework. Emphasis on gaining first-hand knowledge and refine previously acquired skills to gain a greater understanding of self and the helping professions.

Prerequisites: 550-210 with a minimum grade of C and 550-204 (may be taken concurrently) with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=211>)

**550-212. Clinical Experience II. (3 Credits)**

Immersion experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in previous courses and refined in Clinical I immersion experience. Emphasis on applying previously acquired knowledge and skills and gaining a greater understanding of self and the helping professions through first-hand experience.

Prerequisites: 550-211 with a minimum grade of C

See sections of this course (<http://www.wctc.edu/academics/programs-courses/course-search/course-search-listing.php?code=550&num=212>)